

NOVEMBER 05, 2023



# FRANKLIN ROAD

BAPTIST CHURCH

## Think on These Things

Have you ever felt discouraged? Have you ever felt like no one understands or cares? Have you ever just felt "out-of-sorts" for no identifiable reason? Well, I have and let me tell you, it's not enjoyable nor a state in which I care to stay! "Self-pity is of the devil" is a statement that I've read and heard many times and I would have to agree with the truthfulness of it. Why? Because when I get my eyes on myself, instead of keeping them on the LORD, I am in essence telling Him, "I can run my own life in this matter. I don't need Your help."; I am putting myself on His throne and telling Him to go away and leave me alone. What foolishness! "Surely you have things turned around! Shall the potter be esteemed as the clay; for shall the thing made say of him who made it, 'He did not make me'? Or shall the thing formed say of him who formed it, 'He has no understanding'?" (Is 29:16) "Woe to him who strives with his Maker! Let the potsherds strive with the potsherds of the earth! Shall the clay say to him who forms it, 'What are you making?' Or shall your handiwork say, 'He has no hands'?" (Is 45:9) Whenever I allow myself to wallow in the swamp of self-pity, I am basically questioning God, His wisdom, His love for me, and His will in my life. Again, what foolishness! What selfishness!

However, I want to give you a remedy for this malady of self-pity. Ready? Three times in Psalm 42 and 43, the psalmist says: "*Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.*" Or, as the NLT puts it: "Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise Him again- my Savior and my God!" What the Holy Spirit is telling us through the psalmist is this: When I am discouraged or sad, I need to praise the LORD, remembering who He is, what He has done, and that He is "...*a very present help in time of trouble*". (Ps 46:1b) When I get my eyes off of myself and back on God, then my outlook changes, regardless of whether or not the circumstances have changed. We all probably get down from time to time; the important thing is to put our eyes on the LORD and let Him lift us back up. This begins by hoping (trusting) in Him and lifting up our praises to Him.

Something to think about as we go about our week.

Love, prayers, and blessings,

Trace

FRBC  
THRIFT STORE  
THIS SATURDAY  
8:00a - 12:00p

THERE WILL BE A BRIEF  
LEADERSHIP MEETING  
NEXT SUNDAY (NOV 12)  
AFTER WORSHIP TO MAKE  
PLANS FOR CHRISTMAS

# November Birthdays

11/01	Greg Couch	11/27	Kerry Wegienka
11/12	Will Wyzykowski	11/29	Joeddi Smith
11/15	Sandra Golden	11/29	Chris Wyke
11/16	Lynn Hammond		



SUNSHINE PROJECT

Check out the Sunshine Project table in the Foyer, or contact the Church Office for more information.

**November: Sandra Simpson**

**NEW YOUNG ADULT  
SUNDAY SCHOOL CLASS**

**STARTS SUNDAY,  
NOVEMBER 12TH**

**AGES: 18-30  
JACOB THOMAS - TEACHER**

## this week at FRBC

### SUNDAY (NOV 05)

Churchwide Fellowship & Devotion.....9:30a  
 Worship.....10:45a  
 Children's Church  
 GriefShare.....5:00p  
 H.O.P.E ESL (Volunteers should try to arrive @ 4:30p for set-up & interviews)

### MONDAY (NOV 06)

Small Group Bible Study.....6:30p

### WEDNESDAY (NOV 08)

Adult Bible Study.....6:30p  
 i220 Youth Bible Study  
 Journey Kids - Bible Alive!

### SATURDAY (NOV 11)

FRBC Thrift Store.....8:00a - 12:00p

# CONNECT WITH FRBC

1424 New Franklin Road LaGrange, GA 30240  
 frbclagrange.org | 706.882.3482

Office Hours:

Mon: 10a-2p, Wed: 10a-2p. Thu: 10a-2p  
 info@frbclagrange.org

Trace Lasher	Lead Pastor	727-773-6440
Jerry Parkerson	Associate Pastor	706-573-2035
Steve Buchanan	Worship Pastor	steve@frbclagrange.org
Hannah Lasher	Admin Assistant	admin@frbclagrange.org

[www.facebook.com/frbclagrange](http://www.facebook.com/frbclagrange)

To receive FRBC phone/text alerts: text ALERT to 22300

of the week  
**DEACON**

Nov	05	Ernest McCurry
Nov	12	Bill Forcier
Nov	19	Jerry Parkerson